



**SECTION 3000 - STUDENTS
SWIMMING**

The following requirements apply to the operation of the indoor pool at the Lord Selkirk Regional Comprehensive Secondary School (LSRCSS):

1. A lifeguard must be on duty at all times the pool is open. They shall wear proper apparel for easy identification.
2. The lifeguard shall be at least sixteen years of age and must hold a current certificate indicating that they are the holder of:
 - i) Royal Life Saving National Lifeguard; or
 - ii) Royal Lifesaving Swim for Life Instructor
3. The lifeguard must have attended the introductory training sessions as set up by the pool director, to become familiar with local emergency procedures and specific pool rules and regulations.
4. Instruction shall follow the procedures as developed by Royal Lifesaving.
5. Two qualified lifeguards will be the normal complement during school swim programs. Lifeguards are in charge at the pool.
6. At least one qualified lifeguard must always be present. If no lifeguards are available, classes will be cancelled and in these situations the Pool Manager will contact the school.
7. In the event that one lifeguard is absent, the Pool Manager will assume the responsibility of “instructor” and will be present on the pool deck.
8. At least one teacher supervisor shall be on the pool deck at all times. Teachers are not expected to be in the water, but must have clear sight lines of the pool. Teachers shall ensure they are participating in active supervision at all times.
9. Teachers shall be aware of students with medical conditions and have their medications readily available as outlined in their individual health plans.
10. Supervision ratios (supervisor/student) shall be as follows:

Kindergarten	1:4
Grades 1-4	1:6
Grades 5-8	1:8
Grades 9-12	1:12

- a. For Grades 4, 5 & 7, classes of *24 students or less*, one supervisor (teacher) from the sending school must accompany the group.

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b. For Grades 4, 5 & 7, classes of *25 students or greater*, two supervisors (at least one teacher) from the sending school must accompany the group.

c. Combined classes will be accommodated within the above ratios.

11. All supervisors will be instructed in safety and emergency procedures during the first class.

12. Teachers and support staff shall ensure regular monitoring of the change rooms.

Swimming Field Trips

Planning and supervising an aquatic outing is a complex task that involves careful planning and preparation.

These kinds of activities must follow all of the guidelines found in the MSBA Swim Safe Programs document.

- Schools who need a lifeguard for outings to waterfronts must hire a Waterfront Lifeguard. Lifeguards must have reaching aid and a first aid kit. The teacher(s) must follow the direction of the lifeguard.
- All K-2 students shall wear approved life jackets or personal flotation devices (PFD's) when in or near the water. All non-swimmers must also wear approved life jackets or PFDs when in or around the water.
- For Junior High School field trips to open waters, all swimmers must have taken swimming in Grade 7 at our pool. Any students who did not participate must take the swim test or wear a PFD at/on the water.
- For inclement weather that involves lightning and thunder the 30 – 30 rule shall be followed. This involves taking appropriate shelter when you can count 30 seconds or less between lightning and thunder. Students and staff should remain in a sheltered area for 30 minutes after the last thunder and stay away from water.
- Activities that involve boating or swimming will be cancelled or postponed if a storm threatens.

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